

<b>Name:</b>	SC – 3rd Competitive Swimming Championship – May 2025
<b>Venue:</b>	<a href="#">Hamdan Sports Complex – Dubai, UAE</a>
<b>Pool:</b>	25m, 10 lanes, with anti-wave lane ropes
<b>Timing:</b>	Omega Timing System will be used
<b>Date:</b>	Saturday 10th & 11th Sunday May 2025
<b>Age Groups:</b>	Girls: 8, 9, 10, 11, 12, 13, 14, 15& Over 25-30, 31-40, 41& Above Masters Boys: 8, 9, 10, 11, 12, 13, 14, 15& Over 25-30, 31-40, 41& Above Masters <b>(Age as of 31st December 2025)</b>
<b>Level:</b>	This will be a <b>C</b> level competition which has been designed for swimmers that are competing regularly and need to gain more race experience across multiple events to effectively advance to the next level.
<b>Events:</b>	All the swimmers can participate in unlimited events
<b>Awards:</b>	Medals for 1st – 3rd (Boys and Girls)
<b>Entry Fees:</b> (Inclusive of VAT)	AED 55 per Event for Teams entering via Hy-Tek AED 65 per Event for Team entering via Paper.
<b>Spectators' Fees:</b> (Inclusive of VAT)	AED 55 Saturday only AED 55 Sunday only AED 95 full event (Saturday & Sunday)
<b>Kindly note:</b>	Spectators 11 years and under are free and don't need to book any ticket.
<b>Entries:</b>	Team entries can be made using Hy-Tek or entry form and sent via email to <a href="mailto:swimmingcommunity2021@gmail.com">swimmingcommunity2021@gmail.com</a> ,
<b>Closing Date:</b>	Monday 28th April 2025 at 12.00 (Dubai time)



اتحاد الإمارات للسباحة  
UAE Swimming Federation

## Swimming Cup Series 2024-2025



### Events

8 & 9 Years Old	10 & 11 Years Old	12 & Above Years Old
50m & 100m Freestyle	50m, 100m & 200m Freestyle	50m, 100m, 200m & 400 Freestyle
50m & 100m Backstroke	50m & 100m & 200m Backstroke	50m & 100m & 200m Backstroke
50m & 100m Breaststroke	50m & 100m & 200m Breaststroke	50m & 100m & 200m Breaststroke
50m & 100m Butterfly	50m & 100m Butterfly	50m, 100m & 200m Butterfly
100m IM	100m & 200m IM	100m & 200m IM

### Masters

50m & 100m Freestyle
50m & 100m Backstroke
50m & 100m Breaststroke
50m Butterfly

### Competition Schedule

Saturday Morning: 08:30 – 11:30		
Event	Age	Gender
200m Butterfly	12, 13, 14, 15 & Over	Girls
200m Butterfly	12, 13, 14, 15 & Over	Boys
50m Freestyle	8, 9, 10, 11, 12, 13, 14, 15 & Over and Masters	Girls
50m Freestyle	8, 9, 10, 11, 12, 13, 14, 15 & Over and Masters	Boys
100m Backstroke	8, 9, 10, 11, 12, 13, 14, 15 & Over and Masters	Girls
100m Backstroke	8, 9, 10, 11, 12, 13, 14, 15 & Over and Masters	Boys

Saturday Afternoon: 13:30 – 16:30		
Event	Age	Gender
200m Freestyle	10, 11, 12, 13, 14, 15 & Over	Girls
200m Freestyle	10, 11, 12, 13, 14, 15 & Over	Boys
100m IM	8, 9, 10, 11, 12, 13, 14, 15 & Over	Girls
100m IM	8, 9, 10, 11, 12, 13, 14, 15 & Over	Boys
50m Backstroke	8, 9, 10, 11, 12, 13, 14, 15 & Over and Masters	Girls
50m Backstroke	8, 9, 10, 11, 12, 13, 14, 15 & Over and Masters	Boys
100m Breaststroke	8, 9, 10, 11, 12, 13, 14, 15 & Over and Masters	Girls
100m Breaststroke	8, 9, 10, 11, 12, 13, 14, 15 & Over and Masters	Boys

# Swimming Cup Series 2024-2025



Sunday Morning: 08:30 – 12:30		
Event	Age	Gender
200m IM	10, 11, 12, 13, 14, 15 & Over	Girls
200m IM	10, 11, 12, 13, 14, 15 & Over	Boys
50m Butterfly	8, 9, 10, 11, 12, 13, 14, 15 & Over and Masters	Girls
50m Butterfly	8, 9, 10, 11, 12, 13, 14, 15 & Over and Masters	Boys
100m Freestyle	8, 9, 10, 11, 12, 13, 14, 15 & Over and Masters	Girls
100m Freestyle	8, 9, 10, 11, 12, 13, 14, 15 & Over and Masters	Boys
200m Breaststroke	10, 11, 12, 13, 14, 15 & Over	Girls
200m Breaststroke	10, 11, 12, 13, 14, 15 & Over	Boys

Sunday Afternoon: 13:30 – 16:30		
Event	Age	Gender
4X50 Freestyle Relay	8-10, 11-13, 14-17, 18 & Over	Girls
4X50 Freestyle Relay	8-10, 11-13, 14-17, 18 & Over	Boys
50m Breaststroke	8, 9, 10, 11, 12, 13, 14, 15 & Over and Masters	Girls
50m Breaststroke	8, 9, 10, 11, 12, 13, 14, 15 & Over and Masters	Boys
100m Butterfly	8, 9, 10, 11, 12, 13, 14, 15 & Over	Girls
100m Butterfly	8, 9, 10, 11, 12, 13, 14, 15 & Over	Boys
200m Backstroke	10, 11, 12, 13, 14, 15 & Over	Girls
200m Backstroke	10, 11, 12, 13, 14, 15 & Over	Boys

## QUALIFICATION TIMES FOR C LEVEL COMPETITION – SHORT COURSE

	Female									EVENTS	Male								
	8yrs	9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs/over	Masters		8yrs	9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs/over	Masters
Qualifying Time	00:42.85	00:40.81	00:37.79	00:35.00	00:33.34	00:33.38	00:32.51	00:32.02	NT	50m Freestyle	00:41.39	00:37.45	00:35.66	00:33.96	00:32.56	00:31.14	00:29.62	00:29.72	NT
Consideration Time	00:53.56	00:46.93	00:43.46	00:40.25	00:38.35	00:38.38	00:37.38	00:36.82			00:51.74	00:43.06	00:41.01	00:39.06	00:37.44	00:35.81	00:34.06	00:34.18	
Qualifying Time	01:36.16	01:31.58	01:24.12	01:16.81	01:13.25	01:12.52	01:10.20	01:09.23	NT	100m Freestyle	01:31.09	01:21.88	01:17.98	01:14.27	01:10.57	01:07.51	01:04.67	01:04.50	NT
Consideration Time	02:00.20	01:45.32	01:36.74	01:28.33	01:24.23	01:23.40	01:20.73	01:19.61			01:53.86	01:34.16	01:29.68	01:25.41	01:21.15	01:17.64	01:14.38	01:14.18	
Qualifying Time	N/A	N/A	02:52.08	02:44.30	02:40.15	02:38.12	02:33.00	02:30.94	N/A	200m Freestyle	N/A	N/A	02:49.62	02:41.54	02:34.11	02:28.03	02:21.99	02:21.40	N/A
Consideration Time	N/A	N/A	03:17.89	03:08.95	03:04.17	03:01.83	02:55.95	02:53.59			N/A	N/A	03:15.06	03:05.78	02:57.23	02:50.24	02:43.29	02:42.61	
Qualifying Time	00:50.27	00:47.88	00:43.99	00:40.59	00:38.98	00:37.78	00:36.23	00:35.87	NT	50m Backstroke	00:47.45	00:42.94	00:40.89	00:38.95	00:37.58	00:35.60	00:34.26	00:33.18	NT
Consideration Time	01:02.84	00:55.06	00:50.59	00:46.67	00:44.83	00:43.45	00:41.66	00:41.25			00:59.32	00:49.38	00:47.03	00:44.79	00:43.21	00:40.94	00:39.40	00:38.15	
Qualifying Time	01:51.99	01:46.66	01:34.31	01:29.29	01:23.55	01:22.62	01:19.90	01:18.75	NT	100m Backstroke	01:43.30	01:32.73	01:28.32	01:24.11	01:19.74	01:17.59	01:13.38	01:13.66	NT
Consideration Time	02:19.99	02:02.66	01:48.46	01:42.68	01:36.08	01:35.01	01:31.88	01:30.56			02:09.12	01:46.64	01:41.56	01:36.73	01:31.70	01:29.23	01:24.38	01:24.71	
Qualifying Time	N/A	N/A	03:18.49	03:06.81	03:00.48	02:55.64	02:51.28	02:50.18	N/A	200m Backstroke	N/A	N/A	03:09.78	03:00.74	02:53.17	02:48.78	02:39.64	02:40.05	N/A
Consideration Time	N/A	N/A	03:48.26	03:34.84	03:27.56	03:21.99	03:16.98	03:15.70			N/A	N/A	03:38.25	03:27.86	03:19.15	03:14.09	03:03.58	03:04.06	
Qualifying Time	00:57.34	00:54.61	00:49.45	00:45.46	00:43.10	00:41.03	00:39.48	00:39.54	NT	50m Breaststroke	00:55.10	00:49.68	00:47.31	00:45.06	00:41.93	00:40.33	00:38.51	00:36.83	NT
Consideration Time	01:11.67	01:02.80	00:56.87	00:52.27	00:49.57	00:47.18	00:45.41	00:45.48			01:08.87	00:57.13	00:54.41	00:51.82	00:48.22	00:46.38	00:44.29	00:42.35	
Qualifying Time	02:09.63	02:03.46	01:47.34	01:39.17	01:33.46	01:33.77	01:30.56	01:28.90	NT	100m Breaststroke	01:59.82	01:48.04	01:42.89	01:37.99	01:30.44	01:26.25	01:22.69	01:22.81	NT
Consideration Time	02:42.04	02:21.98	02:03.44	01:54.05	01:47.48	01:47.84	01:44.15	01:42.23			02:29.78	02:04.24	01:58.33	01:52.69	01:44.00	01:39.18	01:35.09	01:35.23	
Qualifying Time	N/A	N/A	03:48.93	03:24.77	03:21.07	03:21.75	03:16.01	03:11.30	N/A	200m Breaststroke	N/A	N/A	03:43.58	03:32.93	03:17.77	03:08.48	03:00.37	03:01.19	N/A
Consideration Time	N/A	N/A	04:23.27	03:55.48	03:51.23	03:52.01	03:45.42	03:39.99			N/A	N/A	04:17.11	04:04.87	03:47.44	03:36.76	03:27.43	03:28.37	
Qualifying Time	00:48.39	00:46.09	00:41.69	00:38.51	00:36.49	00:35.07	00:33.78	00:33.69	NT	50m Butterfly	00:45.34	00:40.30	00:38.39	00:36.56	00:35.19	00:33.69	00:32.09	00:30.76	NT
Consideration Time	01:00.49	00:53.00	00:47.94	00:44.29	00:41.96	00:40.33	00:38.85	00:38.75			00:56.68	00:46.35	00:44.14	00:42.04	00:40.47	00:38.75	00:36.90	00:35.38	
Qualifying Time	01:54.57	01:49.11	01:36.86	01:27.01	01:23.12	01:21.45	01:18.46	01:16.82	N/A	100m Butterfly	01:45.67	01:31.49	01:27.14	01:22.99	01:18.08	01:15.42	01:11.53	01:10.78	N/A
Consideration Time	02:23.21	02:05.48	01:51.39	01:40.06	01:35.59	01:33.67	01:30.23	01:28.34			02:12.09	01:45.22	01:40.21	01:35.43	01:29.79	01:26.73	01:22.26	01:21.40	
Qualifying Time	N/A	N/A	N/A	N/A	03:09.84	03:03.00	02:56.68	02:53.08	N/A	200m Butterfly	N/A	N/A	N/A	N/A	03:03.15	02:53.79	02:41.74	02:38.75	N/A
Consideration Time	N/A	N/A	N/A	N/A	03:38.31	03:30.45	03:23.19	03:19.04			N/A	N/A	N/A	N/A	03:30.63	03:19.86	03:06.00	03:02.56	
Qualifying Time	04:07.74	01:45.21	01:36.07	01:28.64	01:24.40	01:21.81	01:18.89	01:18.40	N/A	100m IM	03:45.76	01:34.65	01:30.14	01:25.85	01:21.81	01:18.20	01:14.71	01:12.49	N/A
Consideration Time	05:09.68	01:50.47	01:40.87	01:33.08	01:28.62	01:25.90	01:22.83	01:22.32			04:42.20	01:39.38	01:34.65	01:30.14	01:25.90	01:22.11	01:18.45	01:16.12	
Qualifying Time	N/A	N/A	03:23.30	03:09.14	03:01.00	02:58.33	02:54.13	02:51.33	N/A	200m IM	N/A	N/A	03:12.98	03:03.79	02:53.25	02:46.42	02:39.82	02:40.50	N/A
Consideration Time	N/A	N/A	03:53.80	03:37.51	03:28.15	03:25.08	03:20.25	03:17.02			N/A	N/A	03:41.93	03:31.36	03:19.23	03:11.38	03:03.79	03:04.58	