



Swimming Cup Series 2024-2025



Name:	SC - Open Swimming Championship - June 2025
Venue:	Hamdan Sports Complex – Dubai, UAE
Pool:	50m, 10 lanes, with anti-wave lane ropes
Timing:	Omega Timing System will be used
Date:	Saturday & Sunday 14 - 15 June 2025
Age Groups:	Girls: 8, 9, 10, 11, 12, 13, 14, 15& Over 25-30, 31& Above Masters Boys: 8, 9, 10, 11, 12, 13, 14, 15& Over 25-30, 31& Above Masters (Age as of 31st December 2025)
Level:	This will be an open-level competition designed for swimmers of varying abilities to earn race experience in multiple events as well as compete with high standard swimmers to advance to the next level.
Events:	All the swimmers can participate in unlimited events
Awards:	Medals for 1st – 3rd (Boys and Girls)
Entry Fees: (Exclusive of VAT)	AED 55 per Event for Teams entering via Hy-Tek AED 65 per Event for Team entering via Paper.
Spectators Fees: (Exclusive of VAT)	AED 55 Saturday only AED 55 Sunday only AED 95 full event (Saturday & Sunday)
Kindly note:	Spectators 11 years and under are free and don't need to book any ticket.
Entries:	Team entries can be made using Hy-Tek or entry form and sent via email to swimmingcommunity2021@gmail.com ,
Closing Date:	Monday, 2 nd June 2025 at 12.00 noon (Dubai time)

Events

8 & 9 Years Old	10 & 11 Years Old	12 & Above Years Old
50m & 100m Freestyle	50m, 100m & 200m Freestyle	50m, 100m & 200m Freestyle
50m & 100m Backstroke	50m & 100m & 200m Backstroke	50m & 100m & 200m Backstroke
50m & 100m Breaststroke	50m & 100m & 200m Breaststroke	50m & 100m & 200m Breaststroke
50m & 100m Butterfly	50m & 100m Butterfly	50m, 100m & 200m Butterfly
N/A	200m IM	200m IM

Masters

50m & 100m Freestyle
50m & 100m Backstroke
50m & 100m Breaststroke
50m Butterfly

Competition Schedule

Saturday Morning: 08:30 – 11:00

Event	Age	Gender
200m Butterfly	12, 13, 14, 15 & over	Girls
200m Butterfly	12, 13, 14, 15 & over	Boys
50m Freestyle	8, 9, 10, 11, 12, 13, 14, 15 & Over and Masters	Girls
50m Freestyle	8, 9, 10, 11, 12, 13, 14, 15 & Over and Masters	Boys
100m Backstroke	8, 9, 10, 11, 12, 13, 14, 15 & Over and Masters	Girls
100m Backstroke	8, 9, 10, 11, 12, 13, 14, 15 & Over and Masters	Boys

Saturday Between: 12:00 – 14:00

Event	Age	Gender
4X100 Freestyle Relay	8-10, 11-13, 14-17, 18- 25, 26 & over	Girls
4X100 Freestyle Relay	8-10, 11-13, 14-17, 18- 25, 26 & over	Boys
4X50 Medley Relay	8-10, 11-13, 14-17, 18- 25, 26 & over	Girls
4X50 Medley Relay	8-10, 11-13, 14-17, 18- 25, 26 & over	Boys

Saturday Afternoon: 15:00 – 17:30

Event	Age	Gender
200m Freestyle	10, 11, 12, 13, 14, 15 & over	Girls
200m Freestyle	10, 11, 12, 13, 14, 15 & over	Boys
50m Backstroke	8, 9, 10, 11, 12, 13, 14, 15 & Over and Masters	Girls
50m Backstroke	8, 9, 10, 11, 12, 13, 14, 15 & Over and Masters	Boys
100m Breaststroke	8, 9, 10, 11, 12, 13, 14, 15 & Over and Masters	Girls
100m Breaststroke	8, 9, 10, 11, 12, 13, 14, 15 & Over and Masters	Boys

Sunday Morning: 08:30 – 11:00		
Event	Age	Gender
200m IM	10, 11, 12, 13, 14, 15 & over	Girls
200m IM	10, 11, 12, 13, 14, 15 & over	Boys
50m Butterfly	8, 9, 10, 11, 12, 13, 14, 15 & Over and Masters	Girls
50m Butterfly	8, 9, 10, 11, 12, 13, 14, 15 & Over and Masters	Boys
100m Freestyle	8, 9, 10, 11, 12, 13, 14, 15 & Over and Masters	Girls
100m Freestyle	8, 9, 10, 11, 12, 13, 14, 15 & Over and Masters	Boys
200m Breaststroke	10, 11, 12, 13, 14, 15 & over	Girls
200m Breaststroke	10, 11, 12, 13, 14, 15 & over	Boys

Sunday Between: 12:00 – 14:00		
Event	Age	Gender
4X100 Medley Relay	8-10, 11-13, 14-17, 18- 25, 26 & over	Girls
4X100 Medley Relay	8-10, 11-13, 14-17, 18- 25, 26 & over	Boys
4X50 Freestyle Relay	8-10, 11-13, 14-17, 18- 25, 26 & over	Girls
4X50 Freestyle Relay	8-10, 11-13, 14-17, 18- 25, 26 & over	Boys

Sunday Afternoon: 15:00 – 17:30		
Event	Age	Gender
50m Breaststroke	8, 9, 10, 11, 12, 13, 14, 15 & Over and Masters	Girls
50m Breaststroke	8, 9, 10, 11, 12, 13, 14, 15 & Over and Masters	Boys
100m Butterfly	8, 9, 10, 11, 12, 13, 14, 15 & over	Girls
100m Butterfly	8, 9, 10, 11, 12, 13, 14, 15 & over	Boys
200m Backstroke	10, 11, 12, 13, 14, 15 & over	Girls
200m Backstroke	10, 11, 12, 13, 14, 15 & over	Boys

QUALIFICATION TIMES FOR OPEN LEVEL COMPETITION – LONG COURSE

	Female								EVENTS	Male							
	8yrs	9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs/over		8yrs	8-9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs/over
Qualifying Time	00:40.81	00:37.79	00:35.88	00:34.57	00:33.32	00:32.19	00:31.69	00:31.14	50m Freestyle	00:39.42	00:37.54	00:35.75	00:34.81	00:32.51	00:31.17	00:29.59	00:28.70
Consideration Time	00:46.93	00:43.46	00:41.27	00:39.76	00:38.32	00:37.01	00:36.45	00:35.19		00:45.33	00:43.17	00:41.12	00:40.04	00:37.38	00:35.84	00:34.03	00:33.01
Qualifying Time	01:31.58	01:24.12	01:18.79	01:16.11	01:12.24	01:09.67	01:08.98	01:07.78	100m Freestyle	01:26.75	01:22.62	01:18.68	01:16.22	01:11.14	01:07.87	01:04.29	01:02.82
Consideration Time	01:45.32	01:36.74	01:30.61	01:27.53	01:23.07	01:20.12	01:19.33	01:16.59		01:39.76	01:35.01	01:30.49	01:27.65	01:21.81	01:18.05	01:13.93	01:12.24
Qualifying Time	03:00.68	02:52.08	02:52.67	02:48.09	02:37.98	02:31.27	02:29.33	02:26.73	200m Freestyle	03:09.02	03:00.02	02:51.44	02:46.49	02:36.56	02:28.64	02:21.41	02:18.45
Consideration Time	03:27.78	03:17.89	03:18.57	03:13.30	03:01.67	02:53.96	02:51.72	02:45.80		03:37.37	03:27.02	03:17.16	03:11.46	03:00.05	02:50.93	02:42.62	02:39.22
Qualifying Time	00:47.88	00:43.99	00:41.51	00:40.31	00:38.59	00:36.35	00:35.84	00:35.22	50m Backstroke	00:45.19	00:43.04	00:40.99	00:40.08	00:37.51	00:35.34	00:33.23	00:32.96
Consideration Time	00:55.06	00:50.59	00:47.74	00:46.36	00:44.38	00:41.80	00:41.22	00:39.80		00:51.97	00:49.50	00:47.14	00:46.09	00:43.13	00:40.64	00:38.21	00:37.90
Qualifying Time	01:46.66	01:34.31	01:31.03	01:27.11	01:22.09	01:18.22	01:17.88	01:16.52	100m Backstroke	01:38.38	01:33.69	01:29.23	01:26.32	01:21.04	01:18.43	01:13.64	01:13.18
Consideration Time	02:02.66	01:48.46	01:44.68	01:40.18	01:34.40	01:29.95	01:29.56	01:26.47		01:53.14	01:47.75	01:42.62	01:39.27	01:33.20	01:30.19	01:24.69	01:24.16
Qualifying Time	03:28.41	03:18.49	03:28.88	03:22.70	02:54.15	02:48.83	02:47.00	02:44.09	200m Backstroke	03:32.05	03:21.95	03:12.33	03:07.29	02:55.27	02:50.67	02:40.44	02:40.00
Consideration Time	03:59.67	03:48.26	04:00.21	03:53.10	03:20.28	03:14.15	03:12.05	03:05.42		04:03.85	03:52.24	03:41.18	03:35.38	03:21.56	03:16.28	03:04.51	03:03.99
Qualifying Time	00:54.61	00:49.45	00:46.83	00:44.84	00:41.96	00:40.02	00:38.76	00:38.09	50m Breaststroke	00:52.48	00:49.98	00:47.60	00:45.51	00:42.69	00:39.92	00:37.32	00:36.61
Consideration Time	01:02.80	00:56.87	00:53.85	00:51.56	00:48.25	00:46.03	00:44.57	00:43.04		01:00.35	00:57.47	00:54.74	00:52.34	00:49.10	00:45.91	00:42.92	00:42.10
Qualifying Time	02:03.46	01:47.34	01:42.04	01:37.74	01:32.46	01:28.77	01:28.22	01:26.69	100m Breaststroke	01:54.12	01:48.68	01:43.51	01:38.47	01:32.49	01:28.74	01:23.38	01:22.10
Consideration Time	02:21.98	02:03.44	01:57.34	01:52.40	01:46.33	01:42.08	01:41.46	01:37.96		02:11.24	02:04.99	01:59.04	01:53.24	01:46.36	01:42.05	01:35.89	01:34.41
Qualifying Time	04:00.37	03:48.93	03:35.36	03:29.44	03:19.41	03:12.56	03:11.61	03:08.27	200m Breaststroke	04:09.44	03:57.56	03:46.25	03:36.14	03:21.59	03:13.49	03:02.67	03:00.56
Consideration Time	04:36.43	04:23.27	04:07.67	04:00.85	03:49.32	03:41.45	03:40.35	03:32.75		04:46.85	04:33.20	04:20.19	04:08.57	03:51.83	03:42.52	03:30.07	03:27.65
Qualifying Time	00:46.09	00:41.69	00:39.64	00:37.91	00:36.08	00:34.41	00:33.45	00:32.87	50m Butterfly	00:43.18	00:41.13	00:39.17	00:38.26	00:35.33	00:33.43	00:30.87	00:30.43
Consideration Time	00:53.00	00:47.94	00:45.58	00:43.59	00:41.49	00:39.57	00:38.46	00:37.14		00:49.66	00:47.30	00:45.04	00:43.99	00:40.63	00:38.45	00:35.50	00:34.99
Qualifying Time	01:49.11	01:36.86	01:28.98	01:25.67	01:20.54	01:16.77	01:15.45	01:14.14	100m Butterfly	01:40.64	01:35.84	01:31.28	01:28.01	01:21.23	01:17.32	01:11.07	01:09.03
Consideration Time	02:05.48	01:51.39	01:42.33	01:38.52	01:32.62	01:28.28	01:26.77	01:23.78		01:55.73	01:50.22	01:44.97	01:41.21	01:33.41	01:28.92	01:21.73	01:19.38
Qualifying Time	03:35.69	03:25.42	03:18.37	03:12.35	03:00.08	02:50.68	02:50.33	02:47.37	200m Butterfly	03:45.90	03:35.14	03:24.90	03:20.69	03:02.01	02:51.86	02:39.88	02:37.94
Consideration Time	04:08.05	03:56.24	03:48.12	03:41.20	03:27.09	03:16.28	03:15.88	03:09.13		04:19.78	04:07.41	03:55.63	03:50.79	03:29.31	03:17.64	03:03.87	03:01.63
Qualifying Time	03:55.94	03:23.30	03:14.84	03:08.78	02:57.37	02:50.99	02:47.89	02:44.97	200m IM	03:35.01	03:24.77	03:15.02	03:07.99	02:54.50	02:49.08	02:40.78	02:39.02
Consideration Time	04:31.33	03:53.80	03:44.07	03:37.09	03:23.98	03:16.63	03:13.07	03:06.41		04:07.26	03:55.48	03:44.27	03:36.18	03:20.67	03:14.45	03:04.90	03:02.87